

| <b>Snack Item:</b>                       | <b>My Child Can Have:</b> |
|--|---------------------------|
| Animal Crackers *                        |                           |
| Apple                                    |                           |
| Bagels                                   |                           |
| Banana                                   |                           |
| Bell Peppers (Toddlers & Preschool Only) |                           |
| Cantaloupe                               |                           |
| Carrots (Preschool Only)                 |                           |
| Cedars Tahini Hummus                     |                           |
| Celery (Preschool Only)                  |                           |
| Cheerios                                 |                           |
| Cheese                                   |                           |
| Cottage Cheese                           |                           |
| Cream Cheese                             |                           |
| Cucumbers                                |                           |
| Goldfish                                 |                           |
| Graham Crackers                          |                           |
| Grapes                                   |                           |
| Kix                                      |                           |
| Milk - (provided by school)              |                           |
| Milk - (provided by home)                |                           |
| Oranges                                  |                           |
| Oyster Crackers                          |                           |
| Pears                                    |                           |
| Plums                                    |                           |
| Raisins                                  |                           |
| Rice cakes *                             |                           |
| Ritz Crackers *                          |                           |
| Saltines                                 |                           |
| Strawberries                             |                           |
| Tomatoes                                 |                           |
| Triscuits (Preschool Only)               |                           |
| Unsweetened Applesauce                   |                           |
| Watermelon                               |                           |
| Wheat Thins (Toddlers & Preschool Only)  |                           |
| Whole Wheat Pita Bread                   |                           |
| Yogurt                                   |                           |

\*Snack items are processed in a nut/tree nut facility

+ Contains Egg

**If your child has a peanut and/or egg allergy, LMACCC will not provide your child with any snack items that contain egg, or are processed in a nut/tree nut facility.**

Please check next to food items LMACCC has permission to provide your child during snack. Thank you!

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_