

Snack Item:	My Child Can Have:
Animal Crackers *	
Apple	
Bagels	
Banana	
Bell Peppers (Toddlers & Preschool Only)	
Cantaloupe	
Carrots (Preschool Only)	
Cedars Tahini Hummus	
Celery (Preschool Only)	
Cheerios	
Cheese	
Cottage Cheese	
Cream Cheese	
Cucumbers	
Goldfish	
Graham Crackers	
Grapes	
Kix	
Milk - (provided by school)	
Milk - (provided from home)	
Nilla Wafers +	
Oranges	
Oyster Crackers	
Pears	
Plums	
Raisins	
Rice cakes *	
Ritz Crackers *	
Saltines	
Strawberries	
Tomatoes	
Triscuits (Preschool Only)	
Unsweetened Applesauce	
Watermelon	
Wheat Thins (Toddlers and Preschool Only)	
Whole Wheat Pita Bread	
Yogurt	

*Snack items are processed in a nut/tree nut facility

+ Contains Egg

If your child has a peanut and/or egg allergy, LMACCC will not provide your child with any snack items that contain egg, or are processed in a nut/tree nut facility.

Please check next to food items LMACCC has permission to provide your child during snack. Thank you!

Child's Name: _____

Parent Signature: _____ Date: _____